



FEDERACIÓN EXTREMEÑA DE NATACIÓN

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MARCAS MÍNIMAS 08-09

| | | MASCULINOS | | | | | | | | | | | | | | |
|---------|---------|------------------------|----------|----------|----------|----------|----------|----------|-------------------|----------|----------|----------|----------|----------|----------|---------|
| | | Piscina 25 metros | | | | | | | Piscina 50 metros | | | | | | | |
| | | ABS | Abs Jov | JUNIOR | | INFANTIL | | | ABS | Abs Jov | JUNIOR | | INFANTIL | | | |
| | | 88> | 89< | 1991 | 1992 | 1993 | 1994 | 1995 | 88> | 89< | 1991 | 1992 | 1993 | 1994 | 1995 | |
| | | Conversionión 25-50 | | | | | | | | | | | | | | |
| | | 450 | 425 | 375 | 350 | 325 | 300 | 275 | | | | | | | | |
| LIBRE | 50 | 0:00,70 | 0:27,50 | 0:28,30 | 0:29,50 | 0:30,20 | 0:31,00 | 0:31,80 | 0:32,80 | 0:28,20 | 0:29,00 | 0:30,20 | 0:30,90 | 0:31,70 | 0:32,50 | 0:33,50 |
| | 100 | 0:01,60 | 1:01,00 | 1:02,20 | 1:05,00 | 1:06,40 | 1:08,00 | 1:10,00 | 1:12,00 | 1:02,60 | 1:03,80 | 1:06,60 | 1:08,00 | 1:09,60 | 1:11,60 | 1:13,60 |
| | 200 | 0:03,40 | 2:14,50 | 2:17,50 | 2:23,50 | 2:26,50 | 2:30,00 | 2:34,50 | 2:39,00 | 2:17,90 | 2:20,90 | 2:26,90 | 2:29,90 | 2:33,40 | 2:37,90 | 2:42,40 |
| | 400 | 0:07,20 | 4:46,00 | 4:51,50 | 5:04,00 | 5:11,00 | 5:19,00 | 5:27,50 | 5:37,00 | 4:53,20 | 4:58,70 | 5:11,20 | 5:18,20 | 5:26,20 | 5:34,70 | 5:44,20 |
| | 800 | 0:15,70 | | | | | | | | | | | | | | |
| 1500 | 0:29,50 | 18:58,00 | 19:20,00 | 20:10,00 | 20:38,00 | 21:09,00 | 21:44,00 | 22:22,00 | 19:27,50 | 19:49,50 | 20:39,50 | 21:07,50 | 21:38,50 | 22:13,50 | 22:51,50 | |
| ESPALDA | 50 | 0:01,10 | 0:31,00 | 0:31,50 | 0:33,00 | 0:33,70 | | | | 0:32,10 | 0:32,60 | 0:34,10 | 0:34,80 | | | |
| | 100 | 0:02,50 | 1:06,50 | 1:08,00 | 1:11,00 | 1:12,50 | 1:14,50 | 1:16,50 | 1:18,50 | 1:09,00 | 1:10,50 | 1:13,50 | 1:15,00 | 1:17,00 | 1:19,00 | |
| | 200 | 0:05,70 | 2:26,00 | 2:29,00 | 2:35,50 | 2:39,00 | 2:43,00 | 2:47,50 | 2:52,50 | 2:31,70 | 2:34,70 | 2:41,20 | 2:44,70 | 2:48,70 | 2:53,20 | |
| BRAZA | 50 | 0:00,80 | 0:34,80 | 0:35,50 | 0:37,00 | 0:37,90 | | | | 0:35,60 | 0:36,30 | 0:37,80 | 0:38,70 | | | |
| | 100 | 0:02,30 | 1:16,00 | 1:17,50 | 1:21,00 | 1:22,50 | 1:24,50 | 1:27,00 | 1:29,50 | 1:18,30 | 1:19,80 | 1:23,30 | 1:24,80 | 1:26,80 | 1:29,30 | |
| | 200 | 0:06,00 | 2:44,50 | 2:48,00 | 2:55,00 | 2:59,00 | 3:03,50 | 3:08,50 | 3:14,50 | 2:50,50 | 2:54,00 | 3:01,00 | 3:05,00 | 3:09,50 | 3:14,50 | |
| MARIP | 50 | 0:00,30 | 0:30,00 | 0:30,50 | 0:32,00 | 0:32,50 | | | | 0:30,30 | 0:30,80 | 0:32,30 | 0:32,80 | | | |
| | 100 | 0:01,30 | 1:06,00 | 1:07,20 | 1:10,00 | 1:11,70 | 1:13,50 | 1:15,50 | 1:18,00 | 1:07,30 | 1:08,50 | 1:11,30 | 1:13,00 | 1:14,80 | 1:16,80 | |
| | 200 | 0:03,10 | 2:26,50 | 2:30,00 | 2:36,00 | 2:40,00 | 2:43,50 | 2:48,00 | 2:53,00 | 2:29,60 | 2:33,10 | 2:39,10 | 2:43,10 | 2:46,60 | 2:51,10 | |
| EST | 100 | ----- | 1:09,50 | 1:11,00 | 1:14,00 | 1:15,70 | 1:17,50 | 1:19,50 | 1:22,00 | | | | | | | |
| | 200 | 0:04,90 | 2:30,00 | 2:33,50 | 2:40,00 | 2:43,50 | 2:47,50 | 2:52,00 | 2:57,50 | 2:34,90 | 2:38,40 | 2:44,90 | 2:48,40 | 2:52,40 | 2:56,90 | |
| | 400 | 0:10,00 | 5:19,50 | 5:26,00 | 5:40,00 | 5:48,00 | 5:56,00 | 6:06,00 | 6:16,50 | 5:29,50 | 5:36,00 | 5:50,00 | 5:58,00 | 6:06,00 | 6:16,00 | |
| | | | Relevo | Suma | Relevo | Suma | | Relevo | Suma | Relevo | Suma | Relevo | Suma | | Relevo | Suma |
| LIBRE | 4x50 | 0:02,80 | 1:50,00 | 1:51,50 | 1:59,00 | 2:00,50 | | | | 1:52,80 | 1:54,30 | 2:01,80 | 2:03,30 | | | |
| | 4x100 | 0:06,40 | 4:04,50 | 4:06,00 | 4:25,00 | 4:26,50 | | 4:45,00 | 4:46,50 | 4:10,90 | 4:12,40 | 4:31,40 | 4:32,90 | | 4:51,40 | |
| | 4x200 | 0:13,60 | 9:03,00 | 9:04,50 | 9:48,00 | 9:49,50 | | 10:33,00 | 10:34,50 | 9:16,60 | 9:18,10 | 10:01,60 | 10:03,10 | | 10:46,60 | |
| EST | 4x50 | 0:02,90 | 2:02,00 | 2:03,50 | 2:12,00 | 2:13,50 | | | | 2:04,90 | 2:06,40 | 2:14,90 | 2:16,40 | | | |
| | 4x100 | 0:07,70 | 4:28,00 | 4:29,50 | 4:50,00 | 4:51,50 | | 5:12,50 | 5:14,00 | 4:35,70 | 4:37,20 | 4:57,70 | 4:59,20 | | 5:20,20 | |

MARCAS EXPRESADAS CON CRONOMETRAJE ELECTRÓNICO

| | | FEMENINOS | | | | | | | | | | | | | |
|---------|---------|------------------------|----------|----------|----------|----------|----------|----------|-------------------|----------|----------|----------|----------|----------|--|
| | | Piscina 25 metros | | | | | | | Piscina 50 metros | | | | | | |
| | | ABS | Abs Jov | JUNIOR | | INFANTIL | | | ABS | Abs Jov | JUNIOR | | INFANTIL | | |
| | | 1990> | 1991< | 1993 | 1994 | 1995 | 1996 | 1990> | 1991< | 1993 | 1994 | 1995 | 1996 | | |
| | | Conversionión 25-50 | | | | | | | | | | | | | |
| | | 450 | 425 | 375 | 350 | 325 | 300 | | | | | | | | |
| LIBRE | 50 | 0:00,40 | 0:31,50 | 0:32,20 | 0:33,50 | 0:34,40 | 0:35,20 | 0:36,20 | 0:31,90 | 0:32,60 | 0:33,90 | 0:34,80 | 0:35,60 | 0:36,60 | |
| | 100 | 0:01,00 | 1:09,00 | 1:10,20 | 1:13,20 | 1:15,00 | 1:17,00 | 1:19,00 | 1:10,00 | 1:11,20 | 1:14,20 | 1:16,00 | 1:18,00 | 1:20,00 | |
| | 200 | 0:02,40 | 2:30,00 | 2:33,00 | 2:40,00 | 2:43,50 | 2:48,00 | 2:52,00 | 2:32,40 | 2:35,40 | 2:42,40 | 2:45,90 | 2:50,40 | 2:54,40 | |
| | 400 | 0:05,20 | 5:15,00 | 5:21,00 | 5:35,00 | 5:43,00 | 5:51,00 | 6:01,00 | 5:20,20 | 5:26,20 | 5:40,20 | 5:48,20 | 5:56,20 | 6:06,20 | |
| | 800 | 0:11,90 | 10:48,00 | 11:00,00 | 11:29,00 | 11:45,00 | 12:03,00 | 12:22,00 | 10:59,90 | 11:11,90 | 11:40,90 | 11:56,90 | 12:14,90 | 12:33,90 | |
| 1500 | 0:22,30 | | | | | | | | | | | | | | |
| ESPALDA | 50 | 0:01,00 | 0:35,50 | 0:36,20 | 0:37,80 | 0:38,80 | | | 0:36,50 | 0:37,20 | 0:38,80 | 0:39,80 | | | |
| | 100 | 0:02,20 | 1:16,00 | 1:17,50 | 1:21,00 | 1:23,00 | 1:25,00 | 1:27,00 | 1:18,20 | 1:19,70 | 1:23,20 | 1:25,20 | 1:27,20 | 1:29,20 | |
| | 200 | 0:05,70 | 2:43,00 | 2:46,00 | 2:53,50 | 2:57,50 | 3:02,00 | 3:07,00 | 2:48,70 | 2:51,70 | 2:59,20 | 3:03,20 | 3:07,70 | 3:12,70 | |
| BRAZA | 50 | 0:00,60 | 0:39,50 | 0:40,20 | 0:42,00 | 0:43,00 | | | 0:40,10 | 0:40,80 | 0:42,60 | 0:43,60 | | | |
| | 100 | 0:02,00 | 1:25,50 | 1:27,00 | 1:31,00 | 1:33,00 | 1:36,00 | 1:38,00 | 1:27,50 | 1:29,00 | 1:33,00 | 1:35,00 | 1:38,00 | 1:40,00 | |
| | 200 | 0:04,50 | 3:03,00 | 3:06,50 | 3:15,00 | 3:19,50 | 3:25,00 | 3:30,00 | 3:07,50 | 3:11,00 | 3:19,50 | 3:24,00 | 3:29,50 | 3:34,50 | |
| MARIP | 50 | 0:00,30 | 0:34,00 | 0:34,50 | 0:36,00 | 0:37,00 | | | 0:34,30 | 0:34,80 | 0:36,30 | 0:37,30 | | | |
| | 100 | 0:00,80 | 1:15,00 | 1:16,50 | 1:19,50 | 1:22,00 | 1:24,00 | 1:26,00 | 1:15,80 | 1:17,30 | 1:20,30 | 1:22,80 | 1:24,80 | 1:26,80 | |
| | 200 | 0:02,40 | 2:44,00 | 2:47,00 | 2:55,00 | 3:00,00 | 3:05,00 | 3:08,00 | 2:46,40 | 2:49,40 | 2:57,40 | 3:02,40 | 3:07,40 | 3:10,40 | |
| EST | 100 | ----- | 1:18,50 | 1:20,00 | 1:23,50 | 1:25,50 | 1:27,50 | 1:30,00 | | | | | | | |
| | 200 | 0:03,10 | 2:48,00 | 2:51,50 | 2:59,00 | 3:03,00 | 3:08,00 | 3:13,00 | 2:51,10 | 2:54,60 | 3:02,10 | 3:06,10 | 3:11,10 | 3:16,10 | |
| | 400 | 0:07,50 | 5:54,50 | 6:01,00 | 6:17,00 | 6:26,00 | 6:35,00 | 6:46,00 | 6:02,00 | 6:08,50 | 6:24,50 | 6:33,50 | 6:42,50 | 6:53,50 | |
| | | | Relevo | Suma | Relevo | Suma | Relevo | Suma | Relevo | Suma | Relevo | Suma | Relevo | Suma | |
| LIBRE | 4x50 | 0:01,60 | 2:08,50 | 2:10,00 | 2:16,50 | 2:18,00 | | | 2:10,10 | 2:11,60 | 2:18,10 | 2:19,60 | | | |
| | 4x100 | 0:04,00 | 4:42,50 | 4:44,00 | 4:56,50 | 4:58,00 | 5:33,00 | 5:34,50 | 4:46,50 | 4:48,00 | 5:00,50 | 5:02,00 | 5:37,00 | 5:38,50 | |
| | 4x200 | 0:09,60 | 10:15,00 | 10:16,50 | 11:00,00 | 11:01,50 | 12:05,00 | 12:06,50 | 10:24,60 | 10:26,10 | 11:09,60 | 11:11,10 | 12:14,60 | 12:16,10 | |
| EST | 4x50 | 0:02,30 | 2:23,00 | 2:24,50 | 2:33,00 | 2:34,50 | | | 2:25,30 | 2:26,80 | 2:35,30 | 2:36,80 | | | |
| | 4x100 | 0:06,00 | 5:10,50 | 5:12,00 | 5:42,00 | 5:43,50 | 6:05,00 | 6:06,50 | 5:16,50 | 5:18,00 | 5:48,00 | 5:49,50 | 6:11,00 | 6:12,50 | |

MARCAS EXPRESADAS CON CRONOMETRAJE ELECTRÓNICO